Wartburg
# Trumpet

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# Senate votes to keep convention following lively debate

by Sherl Wearda

A proposal to abolish the nominating convention for candidates for Student Body President and Vice President was defeated in a vote by Student Senate at their meeting Tuesday. The proposal had called for a series of debates and a primary election to take the place of the convention.

The proposal has been sent back to committee for review. In addition, Senate will review the regulations regarding the convention to see if there are changes that can be made to make the convention run more smoothly.

The issue of abolishing the convention sparked some debate. Sophomore Mark Schroeder said Wartburg will have an apathetic student body without it. He said the convention gets students excited and interested in the election and that the proposal to do away with it was premature. He said the convention should be revised first rather than done away with.

Junior Brad Trow said not having the convention will force candidates to get out and talk to all students. It was also noted that students are not exactly enthusiastic about being delegates to the convention. Many students are delegates simply because nobody else will volunteer.

Administrative Ombudsman Al Feirer, a junior, pointed out that voter turnout for elections at Wartburg is over 50 percent. Feirer said he read an article that stated average voter turnout at colleges is between 2-10 percent.

A dry bar will be coming to Wartburg sometime during Winter Term. The bar will probably be located in the game room and will feature a basketball hoop game.

The Residential Life office is working on changes in the procedure for housing sign-ups. Residential Life Director Cynthia Jacobson said the changes will be minor, but should help sign-ups go more smoothly.

In another residential life matter, the status of Sheehan House will probably be changed. Rather than being a foreign language house, the house will be like The Residence where the students who live there would work on a house project.

Senate is looking into getting cable TV installed in student dorm rooms. Senate will be talking to colleges that have cable to see how it is administered.

Junior Peter Kareba asked about the possibility of the college renting personal computers for students to have in their rooms. The rental program would be similar to Senate's refrigerator rentals.

Senior Class President Mike Stok announced that this year's senior class gift will be a mascot costume. Stok estimated cost for the costume to be between $400-800.

New coathooks are in place in the Student Union. Students should not hang their backpacks on the hooks. It is the weight of them that causes the hooks to become weak and break.

## Health worker tells of life under fire

by Ken Gorton

"The U.S. should stop sending aid to El Salvador!" That was the plea of Lisa Everson, who recently returned from that country fearing arrest by the Salvadoran government.

Everson spoke in the Den Wednesday as guest of Students for Peace and Justice and the Dell Association. She presented her experiences as a health worker in a poor neighborhood of the nation's capital, San Salvador. She concentrated on the recently escalated conflict between the government and the FMLN, the militant wing of the forces opposing the current U.S. backed government.

Everson was at her home when fighting broke out at about 8 p.m. Nov. 20. "All the TV and radio stations were saying that the city was under control by the government," said Everson. "But outside we could hear planes and helicopters strafing the streets and bombs going off. I spent most of the next day treating the wounds of the victims."

Everson had been working under the shelter of the International Red Cross, but an expired visa and a wound suffered while administering aid to the war victims could have tied her to the FMLN, so she left the country.

She returned to the U.S. on Thanksgiving Day, after only a few weeks in El Salvador. Her husband remains in El Salvador under the pseudonym of Mario Martinez. He works with a group of journalists.

"Any criticism of the government is viewed very negatively in El Salvador," said Everson. She explained that was the reason her husband used an assumed name.

## Special scholarship established for students from Jesup

A prominent Jesup couple has established an endowed scholarship at Wartburg College for qualified students from the Jesup Community School District.

The Albert and Susan Duroe Scholarship is funded by the earnings from a $50,000 gift by the Duroes. A $1,000 scholarship is available to be awarded annually on the basis of the student's academic performance and financial need and is renewable for four years pending maintenance of a satisfactory gradepoint average at Wartburg.

The Duroes said they established the scholarship because of their belief in the importance of higher education. It is their hope the scholarship will further motivate Jesup students to seek academic excellence in high school and pursue college education.

Duroe, who attended Wartburg from 1963-65, is president of the Farmers State Bank of Jesup and is a member of the Wartburg Board of Regents.

After attending Wartburg, he completed his B.S. degree at Iowa State University in agricultural economics, graduating in 1967. He later did graduate work in business at the University of Northern Iowa, in banking at the University of Wisconsin-Madison and in small company management at Harvard University.

His wife, Susan, has been a member of the Jesup school board for the past 10 years and currently serves as its president. A former teacher, she is working on a master's degree in special education at the University of Northern Iowa. She also is a member of the board of directors of Farmers State Bank and of the Cedar Arts Forum and Very Special Arts of Iowa.

The Duroes have been generous contributors to the college. Most recently, they made a gift support of the Harry and Polly Slife Minority Scholarship Fund at Wartburg.

Jesup students interested in being considered for the new scholarship must apply and be accepted for admission to Wartburg. The first scholarship will be available for the 1990-91 academic year.

*One of seven colleges*

# Wartburg receives challenge grant for humanities from national organization

Wartburg College is one of seven four-year colleges and 41 educational and cultural institutions across the country to receive a challenge grant from the National Endowment for the Humanities, NEH chair Lynne V. Cheney has announced.

The grant from NEH totals $247,000 with an additional $742,500 to be raised by the college as a match for a total of $990,000.

These funds will be used to support the establishment of an endowment for a faculty chair in ethics, a distinguished professorship in the humanities and library acquisitions in the humanities and to support furnishings and equipment for classrooms in the humanities area.

"The college is pleased with the recognition that comes through this grant and the boost it gives the humanities," Wartburg President Robert Vogel said. "Humanities represent the lifeblood of a liberal arts education."

Totally, NEH awarded more than $15.2 million in challenge grants to educational and cultural institutions in 22 states and the District of Columbia to help endow college and university faculty positions, support library acquisitions and expand capabilities for public programming in the humanities. The only other Iowa institution to receive a challenge grant was the Grout Museum of History and Science in Waterloo.

"These grants will help these fine institutions strengthen and expand their programs in the humanities, which in turn will enrich the cultural life of our nation," Cheney said. "In making these awards, we honor the recipients for their excellent programs and challenge them to find new sources of support."

Institutions such as Wartburg receiving their first NEH challenge grant must match each dollar from the Endowment with three dollars in new contributions from non-federal donors.

The National Endowment for the Humanities is an independent federal agency that supports research, scholarship, education and general audience programs in the humanities.

*knightbeat*

## Student parking lot lost to faculty

by Angie Heuck

The wind was blowing through my jacket and the wet snow was hitting my face as I began my journey. This journey extended from The Residence South to the parking lot known to students and security as M Lot. For those not familar with this student parking lot it is located behind the Maintenance Building.

I left the parking lot at approximately 2 p.m. Wednesday. I returned shortly after, at 3:15 p.m. To my dismay I realized that the lot was filled to capacity. I pulled in the lot and drove to the end of the line of cars and realized that five out of the 15 cars had faculty/staff parking stickers on their bumpers.

I drove immediately to the Maintenance Building and rolled down my window to speak to the man entering the building. I kindly asked him where I should park if the lot was full and where I wouldn't get a ticket. He said he didn't know and that I should go ask the Security Office.

I immediately shifted the car in reverse and drove straight to the Security Office. I asked the lady at the desk where I should park if M Lot was full. She said that it shouldn't be full if I wasn't parking there and had a ticket for that lot. I explained to her that the reason it was full was becuase there were five cars with faculty/staff stickers parked there.

She said that I could park anywhere outside, but not in the faculty lots. Being in a hurry, I quickly agreed and left. I parked my car in front of Neumann House and did not receive a ticket all night.

Now, my question is why? Why can faculty and staff park in the student lots without getting ticketed when it is obvious to the security officers on duty that they do not have M Lot tickets. A student would definitely get a ticket if parked in a faculty/staff lot, no questions asked. All I ask is that the security people be a little more consistent when ticketing cars, for I am paying $20 to park my car there and they aren't.

*knightbeat*

## Journalist envisions dead but helpful week

by Chad Pringle

Imagine a week with no homework or tests. Sounds too good to be true? Not really. The concept of a dead week before finals could make this a reality.

With a dead week we would still hold classes but there would be no work or tests to deal with which could provide some advantages.

It would allow the students a full week to prepare for finals without having to worry about other assignments. Burn-out is a factor when a student has a last paper and finals to worry about at the same time.

Yet another advantage is the time it would allow professors to review for the tests in their classes giving students another chance to study. It would also give them [professors] more time to prepare their tests.

As you can see a dead week would be beneficial to most students. It would alleviate a lot of cramming and possibly result in better test scores. Although the idea was looked at during a recent Student Senate meeting it wouldn't be set up right away because of the calendar. Even though it's not foreseeable soon the time is now to push for a dead week for future years.

Wartburg
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# Fearless predictions for 1990

**January:** A howling week-long sleet and snow storm leaves Wartburg College locked in a sheet of solid ice. Hundreds of students fall and break limbs on the treacherous sidewalks, but the administration doesn't notice until two weeks later when excessive numbers of library books become overdue. Vice President Dan Quayle tries to declare the college a national disaster area, but can't find Iowa on the map.

**February:** In a brilliant display of wit and daring, convicted television evangelist Jimmy Bakker escapes from his Rochester prison using a 120-foot rope made from wife Tammy's fake eyelashes. Freedom seems secure until he is recognized and beaten up by two hairy, unwashed sailors aboard a fishing trawler off the coast of Maine. Dan Quayle tries to be on hand for the arrest, but falls overboard.

**March:** Desperate to improve sagging ratings, the Disney Channel begins airing a show considered by most t.v. critics to be the ultimate in shock journalism. Geraldo Rivera hosts the program, entitled "Hidden Microphone: The Sounds of Celebrities' Bedrooms." Numerous lawsuits are filed, but the show leaps to the top of the charts. Dan Quayle tries to publicly condemn the show, but can't remember its name during a press conference.

**April:** Annoyed at his inability to generate any front page news, Ayatollah Khomeini's successor as leader of Iran's Islamic Revolution suddenly sentences children's books author Dr. Seuss to death. "Green eggs and ham are explicitly forbidden foods in the Koran," he says, explaining away a decision that meets with fanatical support from some of the more frenzied Iranians. A rumor spreads that Dan Quayle is actually the mysterious Dr. Seuss, but Quayle quickly fingers somebody else.

**May:** Euphoria sweeps the Wartburg community when the Rev. Larry Trachte is selected to appear on t.v.'s "Jeopardy" game show. The excitement fades, however, when in a burst of nervousness Trachte phrases his name in the form of a question and is embarrassingly disqualified before the game begins. Dan Quayle fills in, but doesn't give any correct responses.

**June:** Caught in a quagmire of debate over the flag burning issue and desperate to pass some kind of patriotic legislation the U.S. Senate adopts a law making it illegal to string live chickens up flagpoles. It passes unanimously. Dan Quayle protests that the law discriminates against vegetarians, but then realizes that that has nothing to do with it.

**July:** Not much happens. Dan Quayle flies to Berlin for a two-week summit with East Germany's new leaders, but returns after a few hours because he forgot to bring underwear.

**August:** In a computer error of stunning proportions, 18,000 incoming students are allowed to enroll at Wartburg for the 1990-1991 academic year. All students are put on a strict 50-calorie-a-day ration to keep the caf from becoming too overcrowded. "But think of all the new friends you can make," says President Bob Vogel, who then takes a prolonged Arizona vacation for his health. Dan Quayle offers to drive to Waverly to survey the situation, but can't get his car started.

**September:** Panic strikes the earth when an obscure Belgian physicist makes the claim that the entire ozone layer has been ripped apart, causing surface temperatures around the globe to climb into the 130s in a matter of days. President George Bush appears on television, sweat streaming from his body, and implores citizens to begin hoarding ice cubes. Even after the discovery is revealed as a hoax, Dan Quayle refuses to wear anything but muscle shirts around the White House.

**October:** In a career change move that catches the Wartburg community completely by surprise, Dr. Dan Thomas, professor of political science, renounces the material world and retires to the Himalayas under the name Dani Yogi. Thousands of believers flock to his mountain redoubt for enlightened wisdom, and tales spread that lepers are healed and the blind can see again. "Great. Now I have to teach his classes," complains an unimpressed Dr. Mustapha Pasha. Dan Quayle announces his intention to visit the Yogi, but he's denied a passport.

## What in the World...

by Tim Pearson

**November:** Struggling though a lackluster start to the season, the Chicago Bulls management pulls off a blockbuster trade, dealing Michael Jordan to the New York Knicks for 12 players, $30 billion, eight floors of the Empire State Building, season tickets to Broadway shows, and a dinner appointment with Donald Trump. Jordan calls the trade an insult, and refuses to go unless several yachts are included in the deal. Dan Quayle pulls a hamstring playing Nintendo basketball.

**December:** In a classic example of t.v. script writers trying to be too realistic, the old yuletide favorite "The Grinch That Stole Christmas" is changed so that the cute little dog who pulls the enormous sleigh is shot by a sniper on the way down the mountain. Viewer outrage is so overwhelming that NBC airs a sequel showing how the dog had protected himself with a bulletproof vest. Dan Quayle is spit upon while giving a televised Christmas sermon in church, but viewer outrage is minimal.

# Commercials drown season's meaning

Hey, want to check and see what's on the ol' television with me? Maybe we'll get to see the Alf Christmas Special or Bill Cosby dressed up as Santa Claus!

Click.

Heavy bummer—commercials.

". . . and this is guaranteed to be the absolute, most perfect gift for anybody! Young! Old! Male! Female! It just doesn't matter! Everyone will love this and you can get one for everybody—even yourself—at the absolute low, low price of only $29.99! Order today and don't delay, because after Christmas there just won't be a deal like this until Easter!"

## Kurtz Korner

by Dave Kurtz

Who needs a Black and Decker combination drill and salad shredder, right?

"Get the gift that keeps giving and giving . . . buy your little child a puppy from Ralph's Pets and Cheese Shop. While you're there, pick up some American Slices, always a major part of the holiday season whether melted or eaten right from the plastic packaging.

Season's Greetings from Ralph!"

Thanks, Ralph.

"Christmas is a special time for everyone. That's why I brought Andy Champagne to my home for the holiday celebrations. It's cheap, doesn't cost very much and tells your friends and family that hey, you really care."

I'd care a lot more if I hadn't seen this commercial 50 billion times already.

"It's our huge, gigantic, After-Christmas-Sale-Before-Christmas! It's that time of year again to spend your money and save on these used cars! You want them! You need them! Get into the Christmas spirit and come on down to Beckettttttttt's Used and Broken Cars or give us a call on our special Quack Phone! 1-800-IMAQUAK!"

Why do those guys have so many "t"s in their last name? Boy, these commercials are really getting boring. I hope we get back to the show soon or this isn't going to be worth the effort.

"Now, for around the 2000th year in a row . . . yours free for a lifetime . . . the True Meaning of Christmas! With this free gift of the True Meaning of Christmas, you will also receive a guaranteed trip to Heaven! Details of this saving offer in the Bible and in churches all over the world! Remember, that's the True Meaning of Christmas and—"

Click.

What do you think, probably just another gimmick? I don't want to watch anymore t.v. It's getting so one can't even tell what's the truth and what isn't anymore. Guess I'll go study for finals and forget about it all.

*Rowan is guest*

# KWAR show discusses minority needs, Trumpet financial difficulties

by Erik Piper

Sophomore Mark Schroeder and junior Al Feirer interviewed Minority Student Adviser Rochelle Rowan during the term's last Wednesday call-in show on KWAR. She spoke on her work in this position and as a financial aid counselor.

As advisor, she said, her job is to try to retain the black students at this college. She helps them adjust to the new environment here.

"A lot of change comes through the environment," she said. The students often must move "from a predominantly black environment to a predominantly white environment."

Many of the students, she said, are very close to their families, which are out of state. "They can't just pick up the phone and chit-chat."

As a financial aid counselor, Rowan advises minority students about loans and grants. These students often have special needs in financial aid.

Rowan spoke about the new Cultural Awareness Organization. "[It] is not just for the black students; cultural is what it's about, it can be black, white, Puerto Rican, whatever," she said. The members are developing yearly activities and ways to participate in campus-wide activities.

"We did real well at the Activities Fair and had a lot of different students sign up for it," she said. The meeting time is currently Thursdays at 7 p.m., but soon will change to Wednesdays at that time.

Rowan also described the facilities at the Cultural Awareness Center (which include a stereo and a pool table) and the organization's plans for celebrating Martin Luther King Day.

During the last hour, Feirer and Schroeder discussed the ecological task force recently created in the Senate, the nominating convention controversy and the Trumpet. The hosts discussed the paper's financial troubles from lack of advertising and linked them to the decision not to include Joe's Knighthawk flyers in the papers. Kurt, a senior calling from The Residence, was disappointed by the Trumpet's lack of coverage of Christmas with Wartburg.

*letters*

# Grossmann residents take issue with Pearson column about Waverly Wall

We, as residents of Grossmann Hall, are compelled to respond to Tim Pearson's column that appeared in the November 13 issue of the Trumpet. It was mentioned that on the 14th day of creation God created the Waverly Wall. Pearson insinuated that the world was rejoicing and dancing because Grossmann Hall was isolated from the rest of the world.

After speaking with Pearson, he stated that he was not insulting the residents of Grossmann Hall. Rather he was expressing his opinion of the building itself, which he believes to be condemned. We would like to inform Tim, as well as the Wartburg campus, that Grossmann is not a condemned building according to Ron Matthias, vice president for administration and finance.

In addition we believe Pearson's column served to perpetuate the negative image associated with our hall. Unfortunately, through the years Grossmann has obtained the distinction of being an inferior place of residence. We beg to differ. Because we are a small residence hall we are able to foster a sense of unity not found in larger halls on campus. The cohesiveness is not due just to the size of the hall, but because in simple terms, we like it here. It is not the plumbing, the size of the rooms or the external appearance of Grossmann that matters to us. Instead it is our interaction with one another as a "family." As we all know, God did not create the Berlin Wall, humans did. We feel that people, such as Tim Pearson, are unknowingly adding bricks to the Waverly Wall which continues to separate us from the rest of the campus.

In conclusion, it is our opinion that it is the job of the Wartburg community to abolish the social barrier that has been named the Waverly Wall. We are not separate because we wish to be, but because you have made it this way. We are Grossmann and we deserve respect.

**Karyl Lund**
**junior**
**Hall President**
**Andee Russell**
**junior**
**Hall Vice President**
**Erica Schedal**
**junior**
**Hall Secretary/Treasurer**
**Also signed by other residents of Grossmann Hall**

# Senior blasts coverage of Christmas program

As a senior, non-music student here at Wartburg, I have enjoyed the many musical performances provided throughout the year by all music groups. I was, however, absolutely appalled by the Trumpet coverage in this past week's paper.

I live in a house in which every member is in some music organization, who, for the many weeks before Christmas with Wartburg, gave up valuable hours perfecting their performances. I know the frustration that they had in order to balance student teaching, classes and other commitments to make this year's celebration one to be remembered by all. It is in my opinion that the students involved were used to promote Wartburg but were ignored Sunday night after it was all finished. Many other aspects of this college are reported on and given full page but Christmas with Wartburg only happens once a year where as other events happen every week. For this reason it just doesn't seem fair.

For the senior members of the performing music groups, I take my hat off to you and praise you for four wonderful years of music with no coverage other than a picture with a caption. I hope the standing ovations will stand out in your memory instead of the lack of reporting or support given by the Wartburg Trumpet and others.

**Criss Cedarblade**
**senior**

# Junior decries Trumpet music reporting

Contrary to the idea promoted by the picture of the group performing, Christmas with Wartburg includes not only the choir and four members of the band, directed by Dr. Lee (who is not pictured) but a 36 member ensemble called Castle Singers (not pictured), Dr. Schmidt at the organ (not pictured) and Dr. Diers narrating (not pictured).

It's too bad that the writers of the Trumpet don't see Christmas with Wartburg as being worth any more than three lines of caption under a picture taken from offstage. Of course, maybe the two pages devoted to the sports life of Wartburg should take precedence over one four-day weekend of concerts which reached over 6,000 in person and will reach thousands more over television next week. After all, sports are much more popular than (ugh) music. Congratulations to the athletes and sports writers this week for doing a fine job. Sorry, Wartburg musicians. Although hundreds audition for scholarships every year and the college likes you enough to exploit your talents every year by sending you to Florida, California, Europe and Greece, you're just not good enough.

**Carmen Bears**
**junior**

# Musician questions absence of Chamber Orchestra

As a member of the Chamber Orchestra I would like to thank all of you who noticed we were not a part of Christmas with Wartburg and thought enough to inquire as to where we were. It means so much to know we were missed. I personally missed being a part of Christmas with Wartburg.

When the Chamber Orchestra was told we would not be a part of Christmas with Wartburg we also asked "why?" We were told we were a small ensemble and wouldn't produce a sound large enough for television. We may be small but we can be mighty and we're equally as important as the band, choir and Castle Singers. We aren't as well known, nor do we perform as often as the other three groups but we are trying. The string program is just beginning to grow and become stronger, but if we aren't given the chance to perform in the biggest musical production here at Wartburg how are we supposed to become more well known? Even though we're small in number it doesn't mean we aren't capable of giving as much as the other groups. Last spring the Chamber Orchestra toured for the first time ever in its existence. We toured with the choir but none the less, we gained some much needed exposure and support. By giving us the opportunities to perform is the only way we can show you and others how talented we really are and increase our numbers at the same time. It is too late to do anything about this year's performances of Christmas with Wartburg but there is always next year.

Thanks again to all of you who missed us and inquired as to where we were.

**E'Lynn Ellis**
**junior**

**This is the last issue of the Trumpet for the Fall Term. The next issue will appear Jan. 8,1990.**

**Happy holidays from the Trumpet staff.**

*Children International program*

# Vollmer One residents support young South American girl with $12 donations

by Kirsten Cole

The women on Vollmer One not only deal with school and jobs; they also have a little girl to take care of.

Last year the floor decided to adopt a child as a floor program. The Resident Assistant, junior Kathie Schindel, contacted Children International. They returned her letter with information on a South American girl named Juana Robles.

Schindel decided to continue the program as a floor member this year.

"I wanted to sponsor a child for a long time," Schindel said. "I brought it up to the floor last year. Many of them had wanted to sponsor a child, too."

Children International asks for $12 a month. The women who sponsor the child usually donate 25 cents each. The money goes toward education, nutrition, clothing, medical and dental fees.

"It's a big investment for a college student to come up with $12 a month," she said. "However, the family of nine lives on $53 a month."

The floor receives two letters a year. This year the floor donated money towards a Christmas gift for Robles.

"It will be interesting to receive a list of what she got for gifts," Schindel said.

# New task force to address campus environmental concerns

by Brenda Thompson

One day in the cafeteria Student Body President Brad Thompson and Al Feirer, both juniors, happened to discuss environmental issues and as they used the disposable salt shakers and ate from the disposable ice cream dishes with disposable spoons they concluded that maybe Wartburg could do more.

As a result the President's Task Force for Environmental Concerns has been created. The task force, chaired by Feirer, includes Senate representatives senior Jeff Ditto and junior Julie Herron, Food Council members Dan Harms, a senior, and sophomore Todd Crow, students at large Kristin Smith, a freshman, and Chris Friedrich, a junior, and faculty representatives to be named.

According to Feirer the committee hopes to combat a "mentality to waste" prevalent on campus.

"Students open the windows and leave the heat on," Feirer said. "Sure that improves ventilation, but it is a waste of heat. We hope to replace this attitude with an ethic to do what is efficient in the long term and displays responsible stewardship of resources."

Preliminary goals for next term include a media campaign to increase environmental consciousness on campus.

"We want students to stop and think about what they are doing," Feirer said. "We could stop littering if we could make it uncool to litter."

They also plan to develop a comprehensive recycling program which would include composting leaves and other wastes from grounds upkeep, placing bins in residence halls for cans from out of state as well as glass and high density plastics (two-liter bottles for example) and recycling paper.

"High quality paper recycling looks like a good possibility," Feirer said, "because it can be done in house. The print shop makes notepads from the blank side of paper that would otherwise be waste."

Communication with other Iowa colleges is another key goal.

According to Feirer, "Both Luther and UNI have recycling programs. We hope to set up networking opportunities where we can all learn what other schools have done, what works and what they hope to do."

*Procrastination*

# Doing tomorrow what you could do today

by Bev Elde

It's 3 a.m. and Rick's head hangs heavily over the top of his typewriter. Tired as he is, Rick keeps on typing. He knows that what he's writing is not that good, but his 10 page term paper is due at 7:45 a.m. and he's only on page five. One floor up, Janet is cramming for her 9 a.m. chemistry final. Reviewing what she just studied, she curses her memory and vows not to wait until the night before to study for a test again.

Do you find yourself starting term papers so late that you don't have a chance of doing well? Or do you discover how tired and sleepy you are just at the moment you are about to begin studying? If so, you may be a master of procrastination, or as Wayne Dyer writes in his book, "Your Erroneous Zones," a master of "the art of keeping up with yesterday and avoiding today."

Being someone who always puts off today what you can do tomorrow does not have to be your destiny in life. According to Dr. Sandra L. Davis, an industrial psychologist and founding partner of MDA Consulting Group in Minneapolis, overcoming procrastination is possible through understanding it and then by taking control of it.

Davis says the best way to start understanding procrastination is by assessing areas in your life that are most affected by it. As a start, she says, write down two or three of the experiences you remember best in which you procrastinated. What are the common themes and what negative things happened to you because you procrastinated? Some negative things may be that you lost a relationship, had to pay a fine or received a poor grade.

Next, Davis says, list the kinds of internal consequences that occurred because you procrastinated. These may be feelings of guilt, depression, anxiety or embarrassment.

Once you have assessed how your life is affected by procrastination, draw your own personal picture of procrastination. Davis says to picture areas in which you put things off. This may be putting off homework, attending classes, personal care and exercise or social relationships. Once you have developed your own picutre, Davis says to ask yourself if your procrastination leads to any negative consequences. It's especially important to pay attention to those things that you postpone that are very important. She says it's also helpful if you determine what activity you substitute for the one you should be doing.

Once you have drawn your personal picture of procrastination, Davis suggests the following for tackling it:

1. If you procrastinate only when you have an unpleasant task...
   - Try doing the most unpleasant task first.
   - Delegate the unpleasant task–your unpleasant task may be someone else's favorite one.
   - If you work better under the pressure of deadlines, give yourself one for your most unpleasant task.
   - Promise yourself a reward when you complete the task.
2. Divide a big project into time blocks.
   - Divide the project into small units and reserve some time everyday to work on it.
3. Make "to do" lists and put them in order of priority.
   - Do what you can for the day and don't criticize yourself when low priority items don't get done.

Davis says procrastination allows us to live in a world of "hopes, wishes and maybe's." You can hope a relationship will get better if you give it just a little more time. Or you can wish that you had the self-discipline to stay on a diet and exercise program. And finally, Davis says, you can keep yourself trapped in a job you don't like because maybe someone will notice your skills and offer you something else.

Davis says procrastination only leads to playing the waiting game by pretending things will get better with no effort on your own. Procrastination can be effectively dealt with, Davis says, by acknowledging fears and plunging forward. A key to behavior change lies in changing assumptions about the world from irrational to rational ones.

Are the things you are telling yourself about the values of procrastinating rational? If they are not, you can change them through your knowledge of your own causes of procrastination.

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# Gallery shows Frick paintings on man and flight

A 15-piece series of paintings dealing with the theme of flight by the chair of Wartburg College's Art Department is on exhibit at The Douglas Baker Gallery in the Hyatt Regency Hotel in Minneapolis.

Elements of the series have previously been in national art shows across the country, but Frick says this is the first time they have been exhibited as "a truly complete and intact series."

Frick, who was a pilot during World War II, said he had been thinking about such a series for a number of years but didn't begin working on it until 1983.

"I've always been around people who had experience with flight and the coalescence between man and flight I find fascinating," he said, describing what makes this series one of a kind. "Most artists do not work within a fixed set of configurational restrictions. They get an idea of what they want to do and approach it spontaneously. I set up guidelines and then resolutely stick to them, making what is to be expressed into a particular form."

Frick, who also writes and experiments with poetry, defines painting as "visual poetry" and came up with a formal structure that supports aspects of flight through the study of different poetic forms.

"All poems and musical pieces have some sort of form to them; haikus, sonnets and concertos have very strict formats to follow. I decided to create visual formats applicable to painting."

Frick's artwork is accomplished with a combination of airbrush, standard and Oriental brushes and colored pencils. The forms are metaphorical abstractions dealing with episodes of flight.

Each section of a painting has uniform divisions that mirror those in the other paintings. Because these divisions are abstract and can be overlapped and made transparent, they imply qualities of aerial motion.

"I attempted to create a continuous form throughout in relation to the sizes, borders and divisions within," Frick said. "Basically, I attempted to form a like configurational organization within a series; the sort of thing one encounters in a progression of cantos."

Frick used the concept of air and movement within his fixed forms and created a series following a sequence of flight from "Leonardo's Dream" to missile guidance systems. The more recent flight themes tend to indrectly resemble video games.

*Fred Waldstein*

# Professor attempts to ease garbage crunch with research on composting

by Sheri Wearda

Every year there are thousands of tons of it produced. There is enough that a trail stretching to the moon and back could be formed. Every human being produces it. It is garbage.

Our nation's landfills are becoming full. In Massachusetts, a landfill is expected to reach capacity by 1992. Garbage has been dumped in our streams and oceans and more is produced all the time.

Dr. Fredric Waldstein, associate professor of political science, has taken an interest in the crunch on our nation's landfills. For the past two years Waldstein has been working on a study dealing with composting.

Composting is a process of accelerated biodegradation and stablization of organic material. Waldstein said he became interested in recycling because he feels it is important to preserve nature.

"I really became aware of the problem and the need for recycling when I heard reports about a garbage barge in New York that had no place to dump," said Waldstein.

Waldstein has focused his study on the composting of leaf and yard waste. In his paper on composting, Waldstein notes that the Environmental Protection Agency estimates that18 percent of municipal solid waste is comprised of leaves and yard waste. Iowa law will require leaf and yard waste to be removed from the solid waste stream by 1991. Some other materials found in the solid waste stream are waste sludge, organic commercial and industrial waste and agricultural waste.

Waldstein said there are three advantages to composting. Composting is a natural process that requires no technology. It is easy to do. In addition, composting will help relieve the crunch on landfills. Composting of leaves and yard waste also produces a beneficial material that can improve the productive potential and condition of soils.

"Nurseries can use leaf composts as a soil supplement," said Waldstein. "Parks use it for landscaping and it can be used to prevent soil erosion."

Waldstein has received a $10,000 grant to assist him in his study of composting. The Charles A. Lindberg Foundation gave Waldstein the grant. The Minneapolis based foundation was established to honor Charles Lindberg, the famous aviator known for his 1927 non-stop solo flight from New York to Paris in the "Spirit of St. Louis." Lindberg devoted his life to many concerns of mankind such as conservation and wildlife preservation. Waldstein said competition for grants from the foundation is very tough.

Composting sounds like a great idea but not just anyone can start a composting operation. Municipal operations are preferred over individual ones, primarily for public health reasons. Poorly run operations may spread diseases. Waldstein said a large municipal operation is easier to monitor than many small, individual ones.

# Iowa Management Association offers summer college internship program

The Iowa Management Association is sponsoring an internship program for students between their junior and senior years in Iowa colleges.

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Iowa Methodist Medical Center
Iowa Power and Light

Previous intern sources include: Buena Vista, Carleton, Central, Cornell, Creighton, Drake, Iowa, Iowa State, Loras, Luther, UNI and Wartburg.

Employment must be at a high quality level commensurate to a pool of highly talented Iowa students. Previous internships have been in finance, accounting, computer systems, business and marketing.

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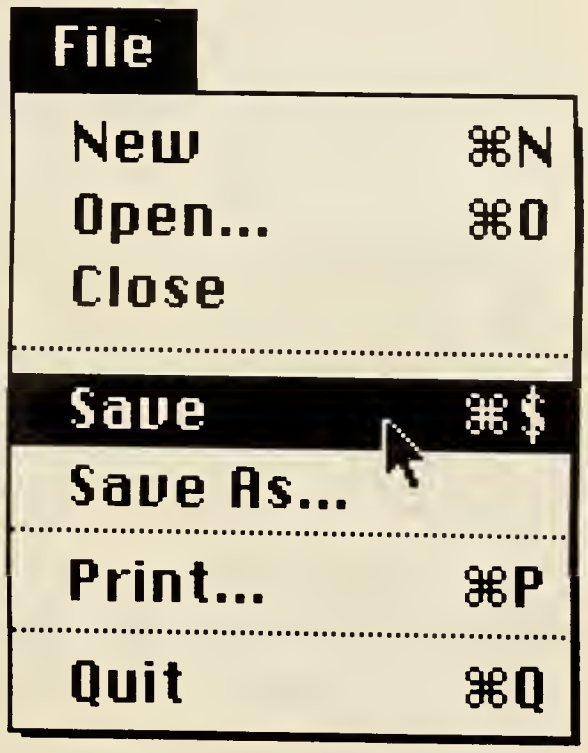


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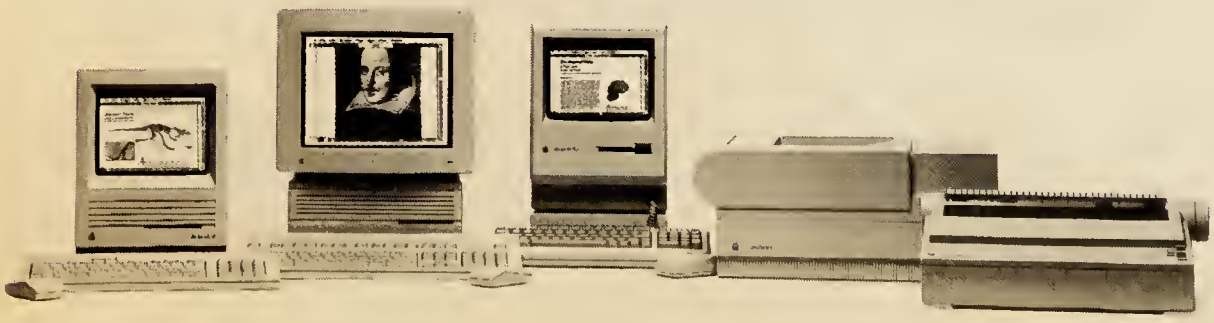

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## *Fast starts and sluggish second halves*

# Knights victorious over Central and Clarke despite up-and-down play

by Bob Howle

A one-point victory over Central and 15-point victory over Clarke boosted the Wartbrug men's basketball record to 1-1 in the Iowa Conference and 4-3 overall.

Friday night the Knights travelled to Pella to battle Central College. The Knights looked as if they were going to cruise to an easy victory as it had built a 42-25 lead going into halftime.

Central came charging back in the second half, but the Knights held on in the end and won 79-78.

Junior Mark Olenius led the way for the Knights with 21 points. Juniors Todd Reinhardt and Dan Nettleton added 18 and 16 points, respectivley.

Central's Nate Hart and Matt Melvin led all scorers with 24 points each.

Saturday night the Knights traveled to Dubuque for a rematch with Clarke College and try to avenge an earlier controversial loss by forfeit.

Once again the Knights jumped to an early lead and led at halftime 52-31. But like the night before Clarke staged a come back but again the Knights held on for the victory, 87-72.

On the night the Knights shot an impressive 56 percent from the floor. Junior Doug Stulken and sophomore Lance Haupt led the Knights with 16 points each. Three other Knights also reached double figures. Nettleton had 15 points while Olenius and Reinhardt each had 12 points.

Junior Jeff Panek grabbed eight rebounds to lead the Knights.

"The same thing happened both nights," said Coach Buzz Levick. "We got big leads early and had let downs in the second half. Against Clarke I was really pleased with Panek. It is not often that a guard will lead a team in rebounds."

Levick blamd the lackluster second half performances on the long road trips.

"We had three long road trips in a row," said Levick. "It is really hard to keep up the intensity. We played well at times and other times we did not play well."

The Knights will wrap up their six game road trip with games Dec. 16 at St. Ambrose and Dec. 29 and 30 at the Concordia Tourney in Moorhead, MN.

## *OT win at Central; loss to Mt. Mercy*

# Lady Knights split pair of weekend games

by Tom Buchhelm

The Wartburg women's basketball team lost Saturday to Mt. Mercy, 79-74, dropping its second game of the young season. The Knights pulled out a thriller Friday night and squeaked by Iowa Conference foe Central, 74-67, in overtime.

In Saturday's game with Mt. Mercy, senior Kathy Smith led all Knights in scoring, dishing in 26 points while pulling down a team-leading seven rebounds. Freshman Kathy Roberts added 16 points, and freshman Angie Toale tallied 12.

Despite the loss to a nonconference opponent, Wartburg Coach Monica Severson was happy with her team's performance.

"We played a good game," she said. "We only had 10 turnovers. I think that's a key to any game."

Severson noted the Knights inability to make baskets as a key to the loss.

"We didn't shoot the ball that well," Severson said. "That was the difference in the game. The Knights also struggled at the line, making 24 of 34. Mt. Mercy shot 19 of 23 from the line.

"Mt. Mercy is one of the better teams we will play this year," she said. "It's good for us to play quality teams like that."

In Friday's game the Knights faced off with conference rival Central. Smith and Roberts led all scoring with 21 each.

Central led at half, 33-29, but the Knights climbed back to tie the game at the end of regulation, 63-63.

Despite "sluggish" play according to Severson, she said that it was still a very important victory.

"This was a big win for us," Severson said. It puts us at 2-0 in the conference."

Severson noted a spirited performance by Toale as a key to the overtime victory. Toale tossed in 11 points for the Knights.

"Angie came in a sparked us," Severson said. "She really got the team going. We came from being down and pulled it out."

The Knights were 30 of 59 from the field compared to Central's 29 of 56. The Lady Knights are off for this week for final exams but travel to Illinois for clashes with Illinois Benedictine Dec. 29 and the University of Chicago Dec. 30. The Knight's next home game will be Jan. 5 when it plays Iowa Conference foe William Penn.

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# From the Sidelines

by Bob Howie

With this being the last issue of the Trumpet for 1989 I would like to take this opportunity to reflect back on the year in sports. It was a year in sports like any other year. It had its good moments and its bad moments.

Baseball suffered through one of its worst years ever. It started with the whole Jose Canseco ordeal and ended with the tragedy at the World Series. We saw the incredible year Kevin Mitchell had and the banning for life of the great Pete Rose. We also suffered two huge losses in the deaths of Augie Busch and A. Bartlett Giamatti. But we also had the joy of seeing the Cubs do something unheard of. They won the eastern division. Weren't they supposed to fold somewhere along the line? Finally kudos go out to Jim Abbott for proving everyone else wrong and showing that people with disablilities can do anything they want.

Professional and college football are also struggling through hard times but in the end both will survive. Notre Dame proved everyone wrong by winning a national championship, this year they were not so lucky. But it is not every team that can put together a 23 game winning streak. We have also found that college football is not as clean as we all thought. We saw the retirement of embattled Barry Switzer from his corrupt Oklahoma football team. But we also can look to Colorado and cheer for them and their quest for a football title. Their cry 'Sal Aunese' has been their focal point for the entire year. Aunese had been the Buffs starting quarterback but died earlier this year from stomach cancer. Recently we witnessed the banning-for-life of Dexter Manley for drug abuse. When, if ever, will these super althletes learn? It is about time somone 'big' got caught. On the lighter side 1989 gave us the 'ickey shuffle' and a great Super Bowl. The 49ers proved that they were the best team in 1989 and maybe the 80s as a whole.

College basketball was great in 1989. Who would have thought that Seton Hall would battle Michigan for the national championship? We could not have asked for a more exciting championship game. But we can also look closer to home and thank Monica Severson for jump starting the women's program and Buzz Levick for doing what he does best, winning. What is it Buzz? 12 IIAC titles in something like 24 years. We'll accept that.

Pro basketball saw the Detroit Pistons upend the Los Angeles Lakers in the championship series. We bid Kareem Abdul Jabaar farewell and had to survive the year without Larry Bird. But Micheal Jordan picked up the slack.

Wartburg had a pretty respectable 1989. The men's teams tied for first place in the competition for the IIAC Traveling Trophy. Dean Gavin gave the Knights a first ever national champion in wrestling. Dick Walker guided his grapplers to an impressive seventh place at nationals while Jack Denholm and Jeff Voss also picked up All-American honors. John Kurtt in his last year as cross country coach led his Knights to a 13th place finish and All-American honors went out to Kori Stoffregen. Mike Murphy complemented the men's basketball team by being named to the Western Region first team.

I probably have forgotten to mention someone or something along the way. But each person who has competed for Wartburg knows that fame is not the only thing important in the world. The ability to try and 100 percent effort is all that we can give. 1989 was a good year. Now let's see if 1990 will be any better.

*Grapplers finish third at Knight Invite*

# Wartburg wins four divisions

A Wartburg wrestling team that was, according to Coach Dick Walker "possibly one wrestler away" from winning its own tournament, settled for third place Saturday at the Knights Invitational wrestling tournament in Knights Gym.

The Knights had four champions: sophomore Mike Powell at 118 pounds; senior Steve Walker at 158 pounds; freshman Lyndon Van Raden at 177 pounds; and junior Jerad Kruse at 220 pounds.

The Knights had two other finishers: a second place finish for senior Jerry Ackerman at 134 pounds and a fourth place finish for freshman Lance Christenson at 150 pounds.

Simpson beat favored Buena Vista for first place with 117.75 points, while the Beavers scored 112.275. The Knights finished with 111.

"It was an excellent tournament for us," Walker said. "I'm very pleased with our performance." Walker noted the absence of 126-pound sophomore Eric Stotts as the key to the Knights failing to place better than third.

"Had we had Stotts at 126, I think we would have had a likely shot at second place and even maybe a chance at the title," Walker said.

The Wartburg-hosted, 13-team tourney boasted teams from all over the Midwest. Final scoring went as follows: Augustana (IL)-24.75, Buena Vista-112.275, Carleton (MN)-0, Coe-35.5, Cornell-78.75, St. Olaf-15.75, Simpson-117.75, Upper Iowa-58, Westmar-46, William Penn-5, Wisconsin-Platteville-34, and Wisconsin-River Falls-85.75.

The Knight grapplers are off for final exams this week but travel to Florida Dec. 29-30 for the Sunshine Open in Tampa.

**BATTERED AND BLOODY–Sophomore Mike Crawford attempts to take down an opponent at Saturday's Knight Invitational wrestling tournament in the 177 pound weight class. Wartburg finished third with 111 points behind Iowa Conference foes Buena Vista (112.275 points) and Simpson (117.75 points). The Knights won four weight divisions in that meet: 118 pounds, 158 pounds, 177 pounds and 220 pounds. Deb Barber photo.**

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# Christmas tree odyssey begins early for Quade family

by Angie Heuck

The snow glistened on the rows and rows of scotch pines. The family shut off the car and three small children ran through the snow. The start of a family tradition was about to begin - picking out their own tree and cutting it down. The excitement of Christmas filled the air.

The Christmas oddysey begins a month early every year for the Mark and Carol Quade family. Mark, an alumnus of Wartburg, decided eight years ago that a Christmas tree farm would be a profitable way to set aside money for his two children to attend Wartburg. The Quade Christmas Tree Farm is located eight miles southwest of Charles City.

"We decided that to make this business profitable it had to be a family effort," said Tim Quade, now a freshman.

That philosophy has been borne out in practice. Mark plants, prunes, shears, and provides the chemicals for the trees. His wife, Carol, helps with the planting but specializes in decorating the wreaths. Kristi, now a junior at Wartburg, mows and makes all the wreaths. Tim joins his father in the planting and pruning.

"The smell of a real Christmas tree makes Christmas."

-Kristi Quade

All preseason preparations are completed by November, including using a natural tint to color and brighten the trees.

"This is a technique recommended by the National Christmas Tree Growers," Kristi said.

The Quade family planted their first 1,000 seedlings in April of 1981. Eight years later, they're selling that initial investment.

"We only replant those trees that are cut or die," Kristi said. "They're replanted each spring."

The trees are priced individually according to the height and quality of each tree.

"We also make wreaths and are planning on making garland for the first time this year with our new roping machine," Kristi said.

A roping machine ties strips of evergreen together, which decorates fireplace mantels, garages, and the inside of windows.

"We have heard from other sellers that this is more profitable than selling trees themselves," Tim said.

Before most students even flip their calendars to December, the Quades are priming their farm for the holiday rush.

"The biggest weekend of sales is the first weekend after Thanksgiving," Kristi said. "Many people call and make an appointment with us to come cut their tree."

Each tree is cut down by hand, buy the buyer or a member of the Quade family. The business provides saws for the customers.

"But it is funny to watch the family which makes it an annual event," Kristi said. "They haul out their kids, their dog, and even bring their own saw. We help the parents decide which tree they should cut while the kids throw snow and the dog runs all over the farm."

Tim interrupted. "It's funny to see two older adults argue for hours over which tree they want to buy, especially when they all look the same to me."

Although Christmas seems to be a little longer for the Quade family, they all seem to enjoy the time they spend on their very own Winter wonderland.

"It is special to see everyone picking their trees and knowing that you get to be a part of all those people's first part of such a beautiful holiday," Kristi said.

Keeping up the tree farm, a carpentry business, and another farm is a lot of work for the Quade family. "But it's well worth it," Tim quickly added.

Kristi paused, then said, "The smell of a real Christmas tree makes Christmas!"

OH CHRISTMAS TREE–A fine Christmas tree such as this is the end product of the Quade farm outside Charles City. The Quade family raises scotch pines for holiday use in a farming venture that was started to raise money to help pay for Kristi and Tim's college education.

# Roloff learns legislative process firsthand as Congressional intern

The legislative process was learned first hand this past summer by Wartburg College senior Ross Roloff as he served a Congressional internship under Congressman Timothy J. Penny of Minnesota's First District.

Roloff, who is a political science and English major, says he spent approximately half his time on administrative tasks and the other half on legislative projects.

Because he was in the front office, he frequently had to work with tourists. "I was acutally dealing in public relations," he said. "I would help people plan where to go and the best way to get there. I also provided them with a Congressional schedule. Many people want to know what bills are being debated so they can sit in on those in which they are interested."

Roloff also had the opportunity to participate in the actual production and passage of bills. "One that I worked on was the Headstart bill," he said. "I was responsible for seeing that other Congressmen received the information that we prepared for it and then tried to garner support for it."

Roloff assisted Penny in developing two other bills, one dealing with an ROTC-type program for police officers and another attempting to limit franking privileges for Congressmen.

"We wanted to set up something like the ROTC program to help stations train police officers for today's cities," he explained. This required numerous hours on the telephone, researching current training programs including those of the U.S. Army and National Guard to find one appropriate for police.

The franking privilege allows each Congressional office unlimited free mailings pertaining to bills, campaigns and other projects.

The Congressional internship offered Roloff an opportunity to meet interns who weren't in a Congressional office but instead associated with such lobbying groups as Greenpeace and Animal Rights.

This most frequently happened at the daily Congressional Intern Lecture Series, at which someone, such as a Congressman, Senator, cabinet member or persons from the various governmental agencies and organizations talked about their careers. The speakers also covered political history and activities in which interns could get politically involved.

Roloff, who is considering law school, says he would now like to gain experience in the private sector, possibly with a trial lawyer. He said that would help him decide on a career.